



CRNOGORKA FOLK DANCE – NORTHERN FOLK DANCE REGION



**MACEDONIAN FOLK DANCES HAVE AN IMPORTANT ROLE IN THE
MACEDONIAN FOLKLORE AND MUSICAL TRADITION**

**DEPENDING ON THE STYLE, CHOREOGRAPHY AND CUSTOMS ASSOCIATED
WITH THEM, MACEDONIAN FOLK DANCES CAN BE DIVIDED INTO FIVE
REGIONAL GROUPS :
WESTERN, SOUTHWESTERN, SOUTHERN, NORTHERN AND EASTERN**



CRNOGORKA FOLK DANCE

Place – village Rashtak, Skopje

Dance composition – Mixed (men and women)

Folk dancers are holding hands (freely, placed down)

Time/ Metrics - 2/4

The mixed folk dance **Crnogorka** is characterized with quick, small steps. It is full of hops and movements to the side.

It is a dynamic, quick and cheerful dance with short movements, so very often it is chosen to be danced as a final dance, to round up the dances from Povardarie region, demonstrating its powerful beauty.



CHARACTER OF THE FOLK DANCE



STARTING POSITION OF THE DANCE

Starting position of the dance Crnogorka is:

The dancers are in semi-circle, side by side. They are facing the centre of the circle. Body weight is on the left foot, and the right foot is fully placed on the ground. There are five versions of the dance, and the last version is starting with a hop with left foot.

NATIONAL COSTUMES FROM SKOPJE'S CRNA GORA REGION

- ✘ In the rich collection of the ensemble “Macedonia” – Skopje, are included the male and female national costumes from Skopje’s Crna Gora, ethnical region that includes 11 villages located on the same mountain Crna Gora. The first element of the female costume is a shirt which is full of remarkable black embroidery, while on the bride’s costume there are also some crosses. The apron of the region is very characteristic, especially the bride’s apron which is embroidered with silver-gilt thread. On top of the shirt girls put a special robe, characteristic for their status, and a dolman to symbolize the status of a bride. Also, a remarkable characteristic is wearing natural birds’ feathers colored in red, which symbolize the status of fiancés.
- ✘ The male national costume of the ethnical region of Skopje’s Crna Gora has similarities with the neighboring ethnical region of Skopje’s Blatija.



LINKS FROM SEVERAL VERSIONS OF CRNOGORKA



- ✘ Crnogorka dance
<https://www.youtube.com/watch?v=tuANqeTHMBs>
- ✘ Instrumental version (of Dracevka and Crnogorka)
<https://www.youtube.com/watch?v=zlenDh01b1k>
- ✘ New modern sound of Crnogorka (Album by Saso Livrinski "Vrutok")
https://www.youtube.com/watch?v=tPLEW-_5uXU



THANKS FOR YOUR ATTENTION