

# NORTHERN FOLK DANCE REGION



NORTHERN FOLK DANCE REGION INCLUDES THE ETHNICAL REGIONS OF UPPER- VARDAR ETHNOGRAPHIC AREA. IT INCLUDES THE FOLLOWING ETHNICAL REGIONS:

- ❖ Skopje's Blatija
- ❖ Skopje's Crna gora
- ❖ Skopje's Derven



- ❖ **THE FOLK DANCES IN THIS REGION ARE QUICK, WITH ENERGETIC MOVEMENTS AND ARE USUALLY DANCED AT VILLAGE GATHERINGS. SOME FOLK DANCES FROM NORTHERN AND EASTERN FOLK DANCE REGION HAVE THE SAME DANCE BASIS ( ACCORDING TO THE DANCE PATTERS), AND THESE ARE:**

**POTRCHANO ( SKOPJE'S BLATIJA)**

**POTRCHANO ( SKOPJE'S CRNA GORA)**

**SHOPKA (SREDOREK, ZHEGLIGOVO)**

**POTRCHULKA, TRCHANICA (OVCHE POLE)**

**POVRATNICHKO (RADOVISH)**

**MALESHEVKA (MALESHEVO)**



# FEMALE STYLE CHARACTERISTICS:

- ❖ Steps with small runs, high balanced steps, steps with hops and a broader freedom in the style of the dance;
- ❖ The hands are held down or folded in the height of the waist.



- ❖ **FEMALE FOLK DANCES BELONGING TO THE NORTHERN FOLK DANCE REGION ARE:  
DRACHEVKA,  
CRNOGORKA,  
GRANDMOTHER GJURGJA,  
POTRCHANO ETC.**



# MALE STYLE CHARACTERISTICS:

- ❖ High jumps, steps with jumps ( higher than the female style), kneels, spinning, individual dances (especially by the beginning and the end dance players);
- ❖ Huge artistic and style freedom in the dance.



## MALE FOLK DANCES BELONGING TO THE NORTHERN FOLK DANCE REGION ARE :

- ❖ Sitna Lisa,
- ❖ Chuchuk,
- ❖ Postupano etc.



Links from some of the folk dances  
from Northern folk dance  
region :

**Drachevka:**

<https://www.youtube.com/watch?v=ux6UM68yxpA>

**Grandmother Gjurgja:**

<https://www.youtube.com/watch?v=UpKNA3fZLEw>

**Chuchuk:**

<https://www.youtube.com/watch?v=YKuYDCMBe18>





When we talk about folk dance regions, we include the ethnographic characteristics of North Macedonia.

The classification of the folk dance regions is not very strictly determined, due to the transitivity in some ethnical regions and their folk dances as their ethnical characteristics.



**THANKS FOR YOUR ATTENTION**

TOLI ZORDUMIS, KUMANOVO, NORTH MACEDONIA